



April 2010

# The Landrum News

## Congratulations to our Temps of the Month



**Carlyse  
Rustand**

and

**Patrick  
Prichard**



## Administrative Professionals Week



Administrative Professionals Week is a special time for us to honor our secretaries, office, administrative and clerical support employees. Your talents and superior performance contribute measurably to the success of Landrum Staffing Services, and enables us to achieve our goal of being the best!

In your honor, during our celebration of Administrative Professionals Week, April 18th– 24th, Landrum will be making a donation to a women’s clothing charity in our community. Suit Your Self is a free community resource providing quality interview clothing, accessories and professional image tips.

This program offers encouragement and support to individuals seeking to enter the workforce, and attain economic independence and security for themselves and their families. Trained volunteers offer candidates encouragement and training on how to apply and interview for jobs, resume writing, office etiquette, and how to dress appropriately for the workplace.



**We thank you again and are especially grateful to all of you!**

## April is Stress Awareness Month

When people feel overwhelmed, they lose confidence and become irritable or withdrawn, making them less productive and effective and their work less rewarding. If the warning signs of work stress go unattended, they can lead to bigger problems. Beyond interfering with job performance and satisfaction, chronic or intense stress can also lead to physical and emotional health problems.

For signs and symptoms of stress and ways to cope, please visit: [http://helpguide.org/mental/work\\_stress\\_management.htm](http://helpguide.org/mental/work_stress_management.htm).

[www.helpguide.org](http://www.helpguide.org)



While on assignment for Landrum, it is very important that you arrive on time and that you have excellent attendance. The clients you work with count on you to be there every day and truly value your assistance.

### April 15th is



### Income Tax Day!

*It's not whether you get knocked down, it's whether you get up.—from Walk the Talk*

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